

# Linear Regression Models

## P8111

Lecture 01

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THE DEPARTMENT OF  
**BIostatISTICS**



Columbia University  
MAILMAN SCHOOL  
OF PUBLIC HEALTH

# Today's Lecture

- Intro to regression
- Getting started with R

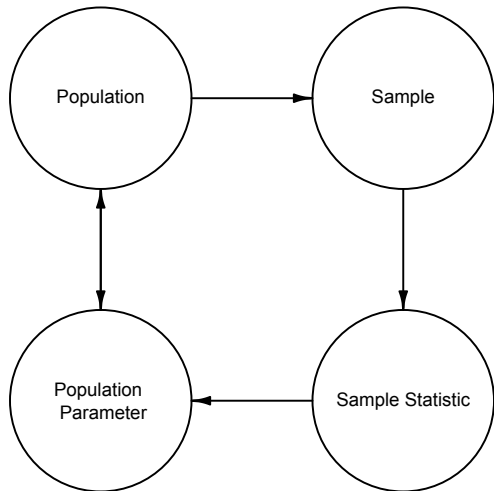
# What is regression?

“...to understand as far as possible with the available data how the conditional distribution of the response  $y$  varies across subpopulations determined by the possible values of the predictor or predictors.” – Cook and Weisberg (1999)

# What is regression?

- The goal is to learn about the relationship between a covariate (predictor) of interest and an outcome of interest.
  - Focus on prediction
  - Focus on description
- Linear regression modeling is often (though not always) focused on descriptive and inferential statistics

# Circle of Life



# What we want in regression

Given some data  $y, x_1, x_2, \dots, x_p$ , we are interested in finding a likely value for  $y$  given the value of predictors  $x \equiv x_1, x_2, \dots, x_p$ .

- For this course,  $y$  is continuous. (Called outcome, response, “dependent variable”).
- The  $x$ 's can be continuous, binary, categorical. (Called predictor, covariate, “independent variable”).
- We want  $E(y|x) = f(x)$ ; we observe  $y = f(x) + \epsilon$ .

# Regression model

The process of using data to describe the relationship between outcomes and predictors is called modeling.

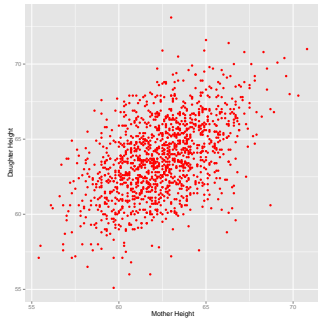
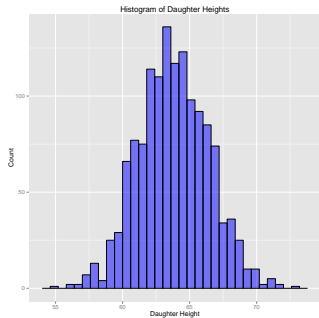
- Models are models, not reality.
- “All models are wrong, but some are useful.”
- Introduce structure to  $f(x)$  to make the problem of estimation easier (this also introduces elements not found in the data, including judgement calls about important features and assumptions about the world).
- We largely focus on *parametric models*  $f(x) = f(x; \beta)$  and worry about estimating  $\beta$ .

# Example

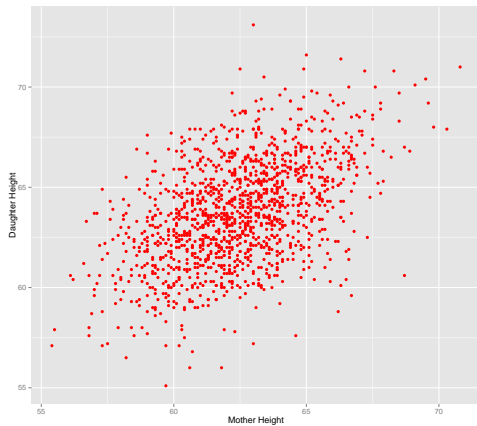
- Data on heights of  $n = 1375$  mothers in the UK under the age of 65 and one of their adult daughters over the age of 18 (collected and organized during the period 1893–1898 by the famous statistician Karl Pearson)
- A historical use of regression to study inheritance of height from generation to generation.



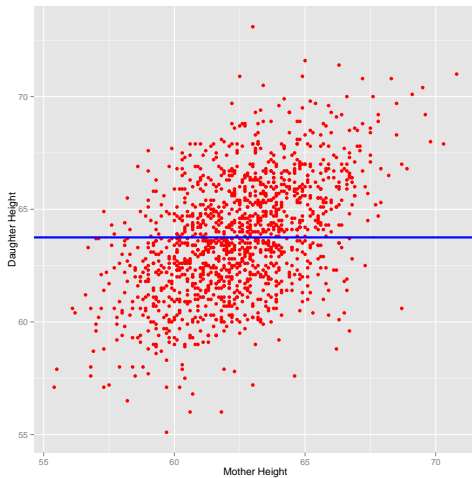
# Example



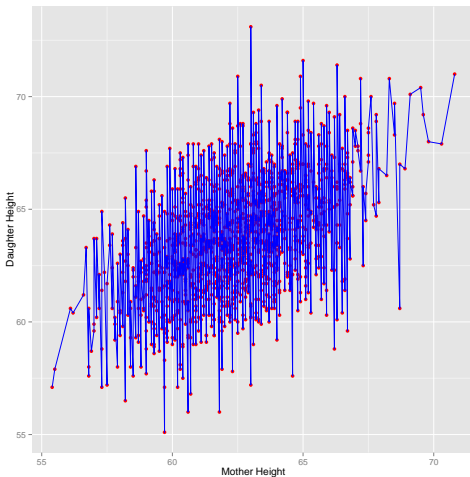
# Scatterplot



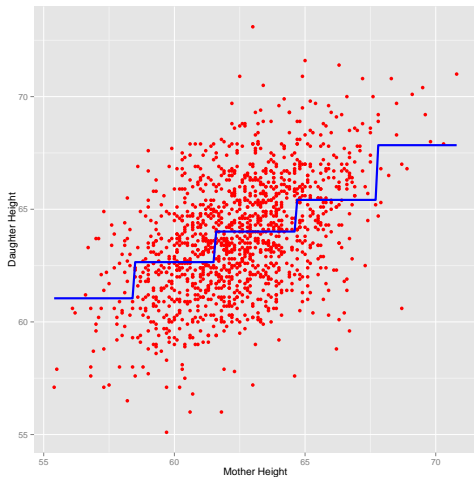
# Regression: Mean



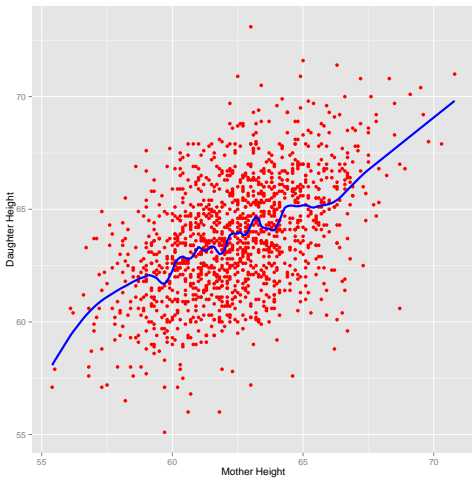
# Regression: Interpolation



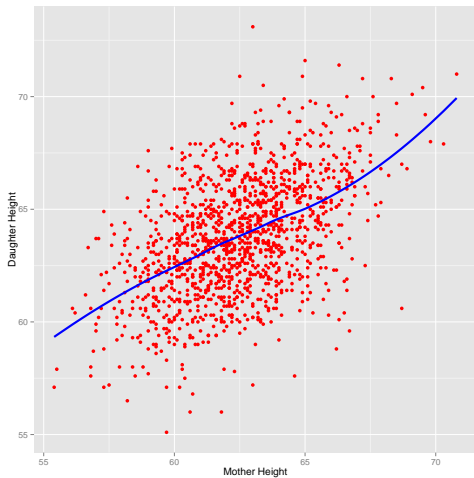
# Regression: Bin Means



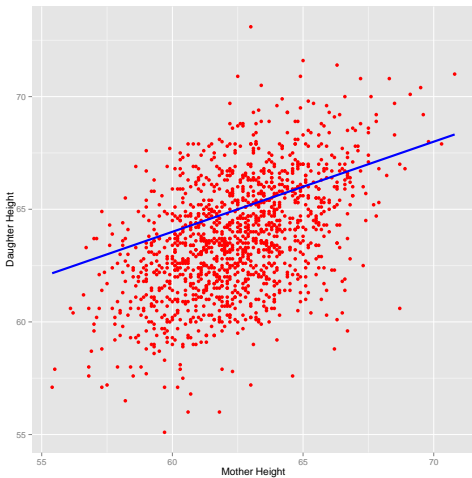
# Regression: Curve



# Regression: Curve 2

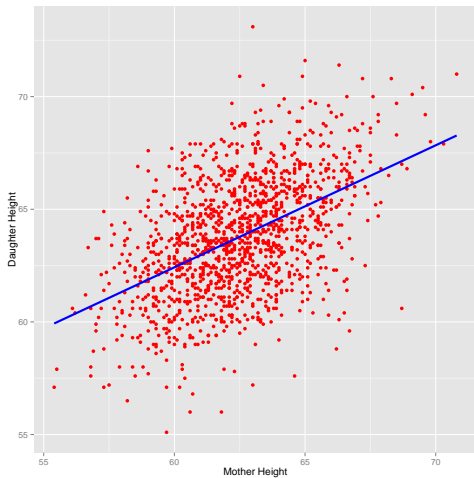


# Regression: Line





# Regression: Line 2



# Lessons

- Lots of possible models
- Tradeoffs between flexibility and interpretability
- Concerns about over- and under-fitting
- Choices will often depend on context

# Linear Regression Models

A linear regression model is a particular type of parametric regression.

- Assume  $f(x; \beta) = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \dots$
- Focus is on  $\beta_0, \beta_1, \dots$
- “Linear” refers to the  $\beta$ 's, not the  $x$ 's:
  - $f(x) = \beta_0 + \beta_1 x + \beta_2 x^2$  is a linear model
  - $f(x) = \beta_0 + x^{\beta_1}$  is not
  - $f^*(x) = \beta_0^* + \beta_1 x^*$

# Why is linear regression so popular?

- Easy to implement
- Lots of theory
- Straightforward interpretations
- Surprisingly flexible
- Good approximation in many cases

# Height example

- Model is  $DH_i = \beta_0 + \beta_1 MH_i + \epsilon_i$
- (Equivalently,  $E(DH_i | MH_i) = \beta_0 + \beta_1 MH_i$ )
- Estimate  $\beta_0, \beta_1$

# Height example

```
> library(alr3)
> library(broom)
> data(heights)
> linmod = lm(Dheight ~ Mheight, data = heights)

> summary(linmod)
Call:
lm(formula = Dheight ~ Mheight, data = heights)

Residuals:
    Min       1Q   Median       3Q      Max
-7.397 -1.529  0.036  1.492  9.053

Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept) 29.91744    1.62247   18.44  <2e-16 ***
Mheight      0.54175    0.02596   20.87  <2e-16 ***
---
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

> tidy(linmod)
  term      estimate std.error statistic    p.value
1 (Intercept) 29.917437 1.62246940  18.43945 5.211879e-68
2      Mheight  0.541747 0.02596069  20.86797 3.216915e-84
```

# Coding

- You can't *do* regression without coding
- More generally, much of the rest of your professional life will involve coding
- $\Rightarrow$  Your life will be easier the better you get at coding
- For this class, we'll use R exclusively

# R

Before next class:

- Download R from the page

`http://www.r-project.org/`

- Download and install R Studio
- Check out `swirl`'s R programming module (esp 1, 2, 3, 4, 6, 7, 8, 9)



# swirl

```
> install.packages("swirl")  
> library(swirl)  
> swirl()
```

Then, follow instructions on screen ...

# General coding tips

- Get better at using computers
- Get better at using google

# General coding tips

- R will do *exactly* what you tell it to
  - ▶ Case matters; typos matter; order matters.
- Clear your workspace before you do anything
  - ▶ Re-run everything from scratch to make sure it still works

# General coding tips

- Your most frequent collaborator is you from three months ago ... and you from three months ago never responds to email
  - ▶ Write code that you will understand in six months
  - ▶ Use comments liberally
  - ▶ Treat your code as something that has real value (because it does)

# General coding tips

- Good organization will save you tons of headache (and heartache)
  - ▶ Put stuff in a reasonable place
  - ▶ Call stuff reasonable things
  - ▶ “HW 1.R” is bad; “20160120\_Goldsmith\_P8111\_HW1.R” is good (and is better if it lives at “/Documents/P8111/Assignments/HW1/”)
  - ▶ Variables `x1`, `x2`, `x2.1`, `x2_final` are bad; variables `age`, `gender`, `gender_as_num` are good (or at least better)

# General coding tips

- If fixing a bug (or changing a decision) at the beginning of your code breaks everything that comes after it, you have bad code

# Today's big ideas

- Intro to regression
- Intro to coding

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- Faraway Ch 1, 2.1; ISLR 2.1, 2.3, 3.1
  - `swirl`
  - STAT 545 “Deep thoughts...”
  - R Programming for Data Science (ch 4, 5)
  - Elements of Data Analytic Style